Things That Make White People Uncomfortable

In a world where racial tensions are at an all-time high, it's more important than ever to have open and honest conversations about race. But for many white people, talking about race can be uncomfortable. We may feel defensive, ashamed, or even angry. These feelings are normal, but they can also be a barrier to understanding the experiences of people of color.

That's why I'm so excited to share this groundbreaking book with you. *Things That Make White People Uncomfortable* is an essential guide to understanding and navigating racial discomfort for white people. In this book, acclaimed author and speaker Tema Okun helps us to:



Things That Make White People Uncomfortable

by Michael Bennett

★ ★ ★ ★ ★ 4.7 out of 5 Language : English File size : 1521 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled X-Ray : Enabled Word Wise : Enabled Print length : 134 pages Lending : Enabled



Understand the history of race in America and how it has shaped our society

- Identify our own racial biases and assumptions
- Have productive conversations about race with people of color
- Create a more just and equitable world for all

Things That Make White People Uncomfortable is not a comfortable book. It will challenge your perspectives and force you to confront some of your most deeply held beliefs. But it is also a necessary book. If we want to create a more just and equitable world, we need to be willing to have these difficult conversations.

I urge you to read this book. It will change the way you think about race and give you the tools you need to be a better ally for people of color.

What Others Are Saying About *Things That Make White People Uncomfortable*

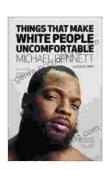
"This book is a must-read for white people who want to understand and challenge their own racial biases. Tema Okun does an incredible job of breaking down complex concepts in a way that is accessible and engaging. I highly recommend this book to anyone who wants to be a better ally for people of color."—Ibram X. Kendi, author of *How to Be an Antiracist*

"Tema Okun has written a powerful and necessary book. *Things That Make White People Uncomfortable* is a must-read for anyone who wants to understand the history of race in America and its impact on our society today. Okun provides a clear and concise framework for understanding racial discomfort and offers practical advice for having productive conversations about race."—Robin DiAngelo, author of *White Fragility*

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Things That Make White People Uncomfortable is available now at all major bookstores. You can also Free Download your copy online at Our Book Library, Barnes & Noble, or IndieBound.

Don't wait to start your journey towards racial understanding. Free Download your copy of *Things That Make White People Uncomfortable* today.



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