

# Things That Make White People Uncomfortable Adapted For Young Adults

This book is a must-read for any young person who wants to understand the complexities of race and racism in America.



## Things That Make White People Uncomfortable (Adapted for Young Adults) by Michael Bennett

★★★★☆ 4.8 out of 5

Language	: English
File size	: 1135 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Screen Reader	: Supported
Print length	: 268 pages



Written by acclaimed author and activist Michael Harriot, *Things That Make White People Uncomfortable* offers a frank and unflinching look at the ways in which white people often perpetuate racism, even when they don't realize it.

Harriot's writing is both insightful and accessible, and he does an excellent job of breaking down complex concepts in a way that young people can understand.

The book is divided into four sections, each of which focuses on a different aspect of white discomfort.

- The first section, "The History of White Discomfort," provides a brief overview of the history of racism in America.
- The second section, "The Psychology of White Discomfort," explores the psychological reasons why white people often feel uncomfortable talking about race.
- The third section, "The Sociology of White Discomfort," examines the social and cultural factors that contribute to white discomfort.
- The fourth section, "The Politics of White Discomfort," discusses the ways in which white discomfort is used to maintain white supremacy.

Throughout the book, Harriot offers a variety of suggestions for how young people can challenge white discomfort and work towards a more just and equitable society.

*Things That Make White People Uncomfortable* is an essential resource for any young person who wants to understand the role of race in America and work towards a more just and equitable society.

## **Reviews**

"*Things That Make White People Uncomfortable* is a must-read for any young person who wants to understand the complexities of race and racism in America." - Ibram X. Kendi, author of *How to Be an Antiracist*

"Michael Harriot's writing is both insightful and accessible, and he does an excellent job of breaking down complex concepts in a way that young people can understand." - Jacqueline Woodson, author of *Brown Girl Dreaming*

"*Things That Make White People Uncomfortable* is an essential resource for any young person who wants to understand the role of race in America and work towards a more just and equitable society." - Roxane Gay, author of *Bad Feminist*

## Free Download Your Copy Today!

*Things That Make White People Uncomfortable Adapted For Young Adults* is available now at all major bookstores and online retailers.



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