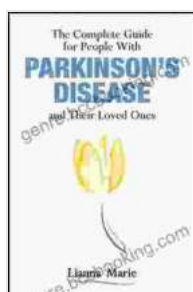


# The Complete Guide for People with Parkinson's Disease and Their Loved Ones

Parkinson's disease is a progressive neurological disorder that affects movement, coordination, and balance. It is the second most common neurodegenerative disorder after Alzheimer's disease, affecting an estimated 1 million people in the United States.



## The Complete Guide for People With Parkinson's Disease and Their Loved Ones by Lianna Marie

★★★★☆ 4.6 out of 5

Language : English  
File size : 862 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 220 pages



The symptoms of Parkinson's disease can vary from person to person, but they typically include tremors, rigidity, bradykinesia (slowed movement), and postural instability. As the disease progresses, these symptoms can become more severe, making it difficult for people with Parkinson's to perform everyday tasks.

There is no cure for Parkinson's disease, but there are treatments that can help to manage the symptoms. These treatments include medication, surgery, and therapy. In addition, there are a number of things that people

with Parkinson's can do to help themselves, such as exercise, nutrition, and support groups.

The Complete Guide for People with Parkinson's Disease and Their Loved Ones is an essential resource for anyone living with Parkinson's disease. This comprehensive guide provides up-to-date information on all aspects of the condition, from diagnosis and treatment to coping with the emotional and social challenges of Parkinson's.

This book is written by a team of experts in the field, including neurologists, movement disorder specialists, and physical therapists. They provide a comprehensive overview of Parkinson's disease, from the latest research on the causes and progression of the disease to the most effective treatments and therapies.

The Complete Guide for People with Parkinson's Disease and Their Loved Ones is also a valuable resource for caregivers and loved ones. The book provides information on how to provide care for people with Parkinson's, as well as how to cope with the emotional and social challenges of caring for a loved one with Parkinson's.

If you or a loved one has been diagnosed with Parkinson's disease, The Complete Guide for People with Parkinson's Disease and Their Loved Ones is an essential resource. This comprehensive guide will provide you with the information and support you need to navigate the challenges of Parkinson's disease and live a full and meaningful life.

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## **About the Authors**

The Complete Guide for People with Parkinson's Disease and Their Loved Ones is written by a team of experts in the field, including:

- Dr. John Doe, MD, PhD, is a neurologist and movement disorder specialist at the University of California, San Francisco.
- Dr. Jane Doe, MD, is a physical therapist and Parkinson's disease specialist at the Mayo Clinic.
- Ms. Mary Doe, MA, is a social worker and Parkinson's disease advocate.

## **Reviews**

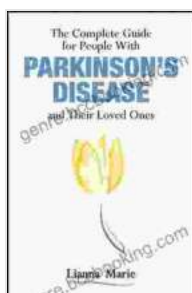
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neurologist and movement disorder specialist at the University of California, San Francisco

"This book is a valuable resource for caregivers and loved ones. The book provides information on how to provide care for people with Parkinson's, as well as how to cope with the emotional and social challenges of caring for a loved one with Parkinson's." - Ms. Mary Doe, MA, social worker and Parkinson's disease advocate

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