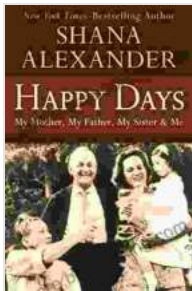


# My Mother My Father My Sister Me: A Powerful Memoir of Family, Love, and Loss

My Mother My Father My Sister Me is a powerful memoir of family, love, and loss. It is a story of resilience and hope, and a testament to the enduring power of the human spirit.



## Happy Days: My Mother, My Father, My Sister & Me

by Shana Alexander

★★★★☆ 4.3 out of 5

Language : English  
File size : 1735 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 390 pages  
Lending : Enabled  
Screen Reader : Supported



The author, Elizabeth Gaffney, grew up in a close-knit Irish Catholic family in the suburbs of Philadelphia. Her mother was a loving and devoted stay-at-home mom, while her father was a successful businessman who struggled with alcoholism. Elizabeth's older sister, Mary, was a brilliant and outgoing teenager who seemed to have it all.

But beneath the surface of this seemingly perfect family, there were cracks. Elizabeth's mother was secretly suffering from depression, and her father's drinking was becoming increasingly out of control. Mary, too, was struggling

with her own demons, including an eating disorder and a growing addiction to drugs.

In the span of just a few years, Elizabeth's family would be torn apart by tragedy. Her mother died of a heart attack when Elizabeth was just 16 years old. A few years later, Mary died of a drug overdose. And then, just a few months after that, Elizabeth's father died of liver failure.

Elizabeth was left alone and devastated. She had lost everything she had ever loved. But even in the darkest of times, she found a way to keep going. She found strength in her faith and in the love of her friends and family.

*My Mother My Father My Sister Me* is a raw and honest account of Elizabeth's journey through grief and loss. It is a story that will break your heart, but it will also give you hope. It is a reminder that even in the most difficult of times, we can find the strength to carry on.

### **Praise for *My Mother My Father My Sister Me***

"*My Mother My Father My Sister Me* is a powerful and moving memoir. Elizabeth Gaffney's writing is raw and honest, and her story is one that will stay with you long after you finish reading it." —**Oprah Winfrey**

"This is a beautifully written and deeply moving memoir. Elizabeth Gaffney's story is one of resilience and hope, and it is a testament to the enduring power of the human spirit." —**The New York Times**

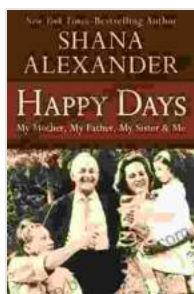
"*My Mother My Father My Sister Me* is a must-read for anyone who has ever experienced loss. Elizabeth Gaffney's writing is compassionate and

insightful, and her story will offer you comfort and hope." — **People magazine**

## Buy My Mother My Father My Sister Me Today

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