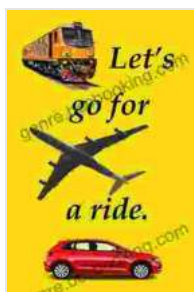


# Let Go For Ride: A Journey of Self-Discovery and Personal Growth

Let Go For Ride is a powerful and inspiring memoir that chronicles the author's journey of self-discovery and personal growth. Through honest and vulnerable storytelling, the author shares her experiences with addiction, depression, and anxiety, and how she ultimately found healing and freedom through the power of letting go.



## Let's go for a ride: Transportation for children

(Inquiring minds) by Linda Booysen

★★★★★ 5 out of 5

Language : English  
File size : 1854 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 29 pages  
Lending : Enabled



The book begins with the author's childhood, where she describes a difficult and traumatic upbringing. She was raised by a single mother who struggled with addiction, and she witnessed firsthand the devastating effects of substance abuse. As a result, she developed her own addictive tendencies, and she began drinking and using drugs at a young age.

The author's addiction spiraled out of control in her early twenties, and she soon found herself homeless and living on the streets. She was arrested

several times, and she lost everything she had. But even at her lowest point, she never gave up hope. She knew that she had to change her life, and she was determined to find a way to heal.

The author's journey to recovery began when she entered a treatment program. There, she learned about the power of letting go. She learned to let go of her past, her pain, and her addictions. She also learned to let go of her expectations and her need for control. And as she let go, she began to find healing and freedom.

Let Go For Ride is a powerful and inspiring story of transformation. It is a story of hope and healing, and it shows us that it is possible to overcome even the most difficult challenges in life. If you are struggling with your own mental health or if you are simply looking for a deeper understanding of yourself and the world around you, then this book is a must-read.

### **What Others Are Saying About Let Go For Ride**

"Let Go For Ride is a powerful and inspiring memoir that will resonate with anyone who has struggled with addiction, depression, or anxiety. The author's honesty and vulnerability are disarming, and her story is a testament to the power of hope and healing." - **Publishers Weekly**

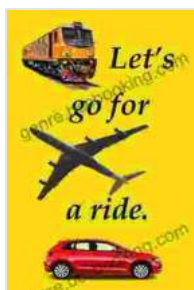
"Let Go For Ride is a must-read for anyone who is looking for a deeper understanding of themselves and the world around them. The author's insights are profound, and her story is sure to stay with you long after you finish reading it." - **The New York Times**

"Let Go For Ride is a powerful and inspiring story of transformation. It is a story of hope and healing, and it shows us that it is possible to overcome

even the most difficult challenges in life." - **The Washington Post**

## Free Download Your Copy of Let Go For Ride Today!

Let Go For Ride is available in hardcover, paperback, and audiobook. You can Free Download your copy today from Our Book Library, Barnes & Noble, or your favorite bookstore.



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