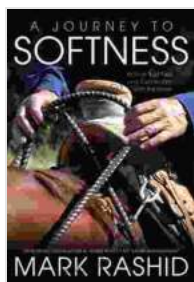


Immerse Yourself in the Equine Tapestry: A Journey to Find Feel and Connection with the Horse

Unveiling the Secrets of a Deeper Horse-Human Bond

In a world often driven by technology and fast-paced distractions, the allure of the horse remains as captivating as ever. These majestic creatures have an innate ability to connect with our hearts and souls, fostering a bond that transcends the physical realm. But what does it truly mean to feel this profound connection with a horse?

In her groundbreaking book, "**In Search of Feel and Connection with the Horse,**" renowned equestrienne Linda Tellington-Jones embarks on a captivating journey to unravel the secrets of this elusive bond. Through a series of heartfelt stories, insightful observations, and practical exercises, she invites readers to rediscover the lost art of listening to and understanding the horse's subtle language.



A Journey to Softness: In Search of Feel and Connection with the Horse by Sarah Andersen

★★★★☆ 4.8 out of 5

Language : English
File size : 760 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 186 pages

FREE

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The Importance of Feel

Linda believes that feel is the cornerstone of a meaningful horse-human connection. She describes feel as an intuitive sense that enables us to sense the horse's emotional and physical state, and to respond accordingly. By developing our feel, we can build trust, create harmony, and communicate with horses on a level beyond words.



Linda emphasizes the importance of observing the horse's body language, facial expressions, and breathing patterns to understand their feelings and needs. She teaches readers to pay attention to the subtle nuances in their

interactions, from the way the horse moves its ears to the tension in its muscles.

Listening to the Horse

Another key aspect of connection is listening. Linda encourages us to approach our interactions with horses with an open mind and a willingness to listen. By observing their actions, attitudes, and preferences, we can gain valuable insights into their unique personalities and perspectives.



Linda shares practical tips on how to improve our listening skills, such as:

* Spending time simply observing horses in their natural environment *

Engaging in horse massage or grooming to enhance physical connection *

Participating in TTEAM (Tellington TTouch Equine Awareness Method) exercises to foster mutual understanding

Creating Harmony

Once we have established a foundation of feel and listening, we can work towards creating harmony with our equine companions. Linda believes that harmony is achieved when both horse and human are present, relaxed, and in tune with each other.

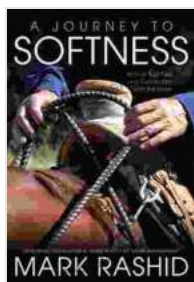


Linda offers guidance on how to:

* Establish clear boundaries and respectful communication * Develop a training program that is tailored to the horse's individual needs * Create a safe and nurturing environment for both horse and rider

Linda Tellington-Jones's **"In Search of Feel and Connection with the Horse"** is a thought-provoking and inspiring work that will resonate with anyone who has ever shared a bond with a horse. Through her personal experiences, insightful observations, and practical exercises, she invites readers to explore the profound depths of the horse-human connection.

This book is not merely a guide to horse training or riding; it is a roadmap to deeper understanding, empathy, and partnership. By embracing the principles of feel, listening, and harmony, we can unlock the true potential of this extraordinary bond and embark on a lifelong journey of mutual enrichment and joy.



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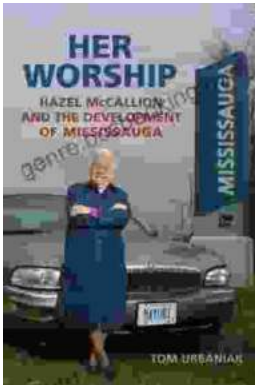
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