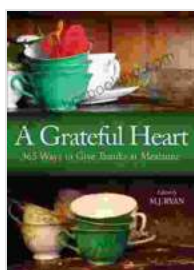


# Daily Blessings for the Evening Meal: From Buddha to the Beatles

## A Collection of Inspiring Prayers and Poems for Each Night of the Year

This beautiful and inspiring collection of prayers and poems from a variety of sources, including the Buddha, the Dalai Lama, Jesus, Rumi, Hafiz, and the Beatles, is perfect for reading aloud at the dinner table or for personal reflection.



### A Grateful Heart: Daily Blessings for the Evening Meals from Buddha to The Beatles (Prayers, Poems, Gratitude, Affirmations, Thanks) by M.J. Ryan

★★★★☆ 4.4 out of 5

Language : English  
File size : 1480 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 279 pages



With 365 entries, one for each day of the year, this book offers a daily dose of inspiration and wisdom. The prayers and poems are short and easy to read, and they cover a wide range of topics, including love, gratitude, forgiveness, peace, and hope.

Whether you are looking for a way to start your evening meal with a moment of reflection or you simply want to find some inspiration before bed, this book is the perfect companion.

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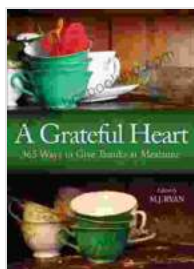
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